

In the Spotlight



CAREER DEVELOPMENT CLASS AT CENTURA COLLEGE, PENINSULA CAMPUS

By Tasha Sligh, MBCS Student

8/18/10-Career Development at Centura College is a vital key in ensuring all students are well prepared for job interviews and the professional world. During the course, students are taught the importance of professionalism including how to conduct oneself during interviews, or just in the everyday living and always knowing no matter where you are, whether it's Wal-mart, carwash, salon or just out and about, to always conduct yourself in a positive manner because the person(s) you entertain could one day be a potential employer.

In preparation to mold students into the best candidate in the job market, students are taught to compile a career portfolio including a detailed cover letter for the job in which you are applying, a resume tailored to that position, Reference list (professional and personal), and the all important Thank you letter. The class is very necessary. It re-emphasizes the things you already know and it also enlightens you on things you never really thought about or didn't think was that important. For instance: the confidence you portray, the firm handshake, your smile, body language, eye contact, your tone of voice, the amount of perfume or cologne you wear, appropriate undergarments, the proper shoes, the way you are groomed, if you pressed your clothes or just did the wash and wear. Believe it or not, all these things play an integral part in you walking out with a job offer. We went on "Go sees" around the school, you know like on "Top Model" interviewing with different instructors and being critiqued in a positive manner. We received great pointers on what we did well and what we could do better to leave a lasting impression on our interviewer.

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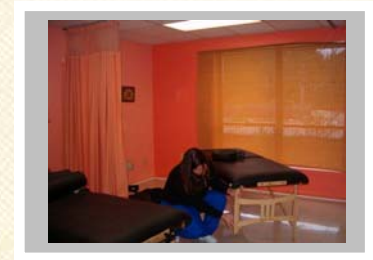
Massage Awareness Week

By Lacey M. Weiss, Student

11/08/10 – Centura College Peninsula celebrated Massage Therapy week with fun activities and prizes, which allowed for every student to become a winner. The event was organized by the Coordinator, Rosemarie Tarmy.

Day one of the week began with a relay race with massage tables. The students were compiled of two teams where tables had to be set up properly and taken down before the other team finished. The table was handed off to the next team member. The teams consisted of three players each. Mrs. Treque's class won this event. Every student that participated was awarded a prize.

Day two event was a time for relaxing. The Massage Instructors had a different activity for the day. Ms. Bell brought in different herbal teas for patients to try after the students receive massages from Mrs. Treque's class. Ms. Weathers did Reiki which controls the bad energy within your body. Mr. D'Acquisto did a Posturology Chart; this tells where in your body that is off balance and the focus point of the massage. Day three, goodies bags were distributed, which included, scented oils and lotions, and massage reading materials. On the final day of the event, a potluck was organized by students and an exam followed. This concluded the "Massage Therapy" week celebration.



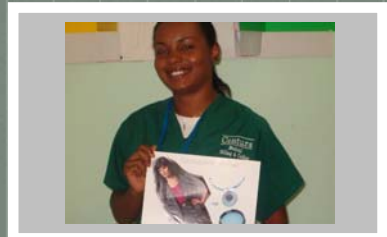
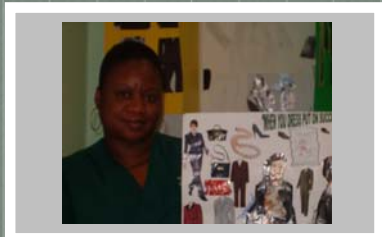
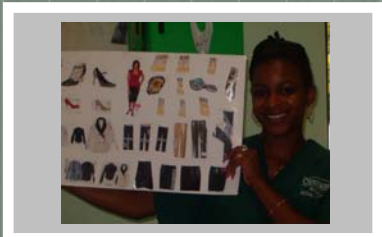
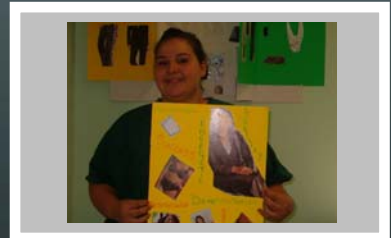
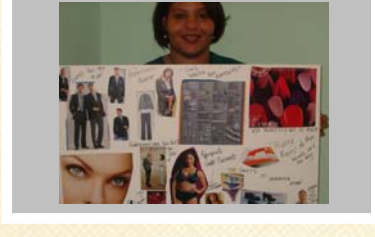
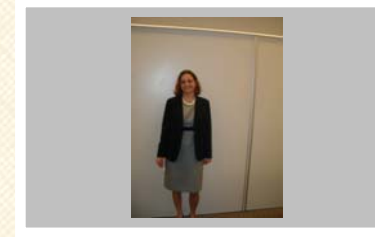
In the Spotlight

CAREER DEVELOPMENT CLASS

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On August 12, 2010, our class went on a “Dress for Success” field trip to the Patrick Henry Mall where we were divided into teams and challenged to assemble a professional ensemble from head to toe in 30 minutes for three petite models and two plus size models that would fit the budget of a college student. We all learned things we never thought about, such as one person learned you don’t always have to wear pants to an interview and was surprised you could wear a one piece dress with a suit jacket, another learned how to use different pieces to make a complete professional suit and last but not least, one learned the importance of always being ready, when an employer at the mall stopped her and asked, where we were from and what we were doing, she informed her Centura College and gave her information she needed to contact Centura, but had the student not been acting in a positive light this could have left a totally different outlook of the student and the school. One of our final projects for our class was to create a poster board on how to professionally dress for an interview which led to some do’s and don’ts.

Well the career development class and how it was presented by Mrs. Dumas has been very instrumental in preparing us for the business world, we know that nothing but success can be our result. We know that when we step into that interview we have the necessary tools needed and the impression we leave starts at the door and we should always be in the game.



In the Spotlight

2009 – 2010 Graduation

Centura College Peninsula's class of 2009-2010 graduation was held July 23, 2010 at Hampton University's Ogden Hall in Hampton, Va. This event was a special time for family, friends and staff to celebrate the great accomplishments of our students.

The Commencement speaker was Mr. Rashard Wright, Principal of Kecoughtan High School Hampton, Virginia. Mr. Wright encouraged students to do this "again and again and again." He made special mention to those students that encountered events that could have caused them to give up on their dreams and aspirations, but instead they continued on to earn their Associate Degrees.

Centura College Peninsula graduated students with Associate degrees in Medical Assisting, Computer Network Management, Business Management and Accounting and Massage Therapy. Our new Medical Billing and Coding Specialist diploma program also graduated its first class of students.

This was a great event with over 500 spectators actively listening to the motivational speech from Mr. Wright and the farewell address from our former Student Council President, Mr. Jerome Dixon, a Computer Network Management graduate. In Mr. Dixon's message he spoke about the dedication of faculty and students throughout his time at Centura College. Mr. Dixon recited the motivational poem by William Earnest Henley, *Invictus*, which encourages one to take responsibility for their destiny. Mr. Dixon reflected on how the events at the school were instrumental in successfully bringing students and faculty together. Our Director of Education, Mrs. Huggins, inspired students to believe in their dreams and in themselves because when they do, the impossible becomes possible.



Teacher & Student of the Year Announced at Annual Conference

By Liz Salazar and Lisa Johnson

June 6, 2010-This year's Centura College and Aviation Institute of Maintenance's Education Conference took place on June 3rd and 4th in sunny Orlando, Florida. Among the items on the busy two-day agenda along with curriculum review and professional development, was announcement of the Student and Teacher of the Year.

At this year's conference, Mr. Vincent Jones, from the Peninsula campus was presented with the Centura College's 2010 Teacher of the Year award. Ms. Valencia Hudgins, the Director of Education at the Peninsula campus, surprised Mr. Jones when she presented him with this award, he thought he was brought to the conference for help revise the Math curriculum.

Mr. Jones, a Math instructor, was hired as a faculty member on July 28, 2006. He is an excellent instructor who teaches his students to overcome their fear of Math. Ms. Hudgins asserted, "He begins this process by encouraging his students to consider Math as a language. This is best understood when his classroom is observed and you hear the "language" that is spoken between students and the instructor."

Mr. Jones holds a unique position, reputation, and a distinct popularity at Centura College and all students request to be in his classes for Math. There has never been a negative comment directed at the teacher, only the subject and once the students are in his class, even the negative comments about the subject seem to cease to exist.

Furthermore, Mr. Jones has the respect of his peers and supervisors. The most important outcome of his reputation is the admiration of every student that has passed through his classroom. When an individual first meets Mr. Jones, they perceive him as a man of few words until his classroom is visited or he starts speaking about Math. It is at this time his passion is noted, along with his consistent dedication and extreme knowledge of the subject. The students gain the tools that are required to succeed in their interactions with Math. If you want to get to know the man behind the quiet exterior, just visit his classroom or ask him a Math question.

The audience gave Mr. Jones a warm round of applause and he was thanked for his dedication and loyalty as a teacher at Centura College.

Also announced at the Education Conference was Centura College's Student of the Year. This year's Student of the Year is Janet Meggerson. Ms. Meggerson is a Paralegal Law student with the Online Branch and started in February 2009 and is scheduled to graduate on August 22, 2010. Ms. Meggerson resides in Kamaih, Idaho and was presented the award via Skype.

Ms. Liz Salazar, the Paralegal Program Coordinator presented her with this prestigious award during the conference. Ms. Meggerson is not your ordinary student. She has the personality, passion, and drive to go the extra mile to achieve perfection in not only her collegiate journey, but in her uncompromising dedication to family, friends, fellow students, and the staff and faculty at Centura College. A dynamic student that exemplifies excellence in academics, Ms. Meggerson embraces her education with an outstanding level of enthusiasm and a zeal that is rarely seen in the average student. Her attendance is beyond reproach, giving her 100 percent attendance in the first four semesters of her program, while maintaining a cumulative GPA of 4.0. Ms. Meggerson is also the school's oldest student. At 71 years of age, she seized the opportunity to pursue that long-term dream to graduate college.

The fellow students in her classes often contact Janet to obtain her assistance because they see a positive impression from her interactions in a variety of classes. She not only exhibits a positive attitude in academic achievements to her peers, but she also inspires her teachers and the staff at Centura College

Upon graduation this coming August, Ms. Meggerson plans to continue on and pursue a Bachelor's degree.

Nominees for Teacher and Student of the Year are submitted by Campus Executive Directors and voted on by the members of Executive Education Committee.

